

### **310.005 Definitions for chapter.**

As used in this chapter, unless the context requires otherwise:

- (1) "Board" means the Kentucky Board of Licensure and Certification for Dietitians and Nutritionists;
- (2) "Practice of dietetics or nutrition" means the integration and application of scientific principles of food, nutrition, biochemistry, physiology, and management, and the behavioral and social sciences in achieving and maintaining the health of people through the life cycle and in the treatment of disease. Methods of practice shall include, but are not limited to, nutrition assessments; development, implementation, management, and evaluation of nutrition care plans; nutrition counseling and education; and the development and administration of nutrition care standards and systems;
- (3) "Dietitian" means a health care professional practicing dietetics and licensed pursuant to KRS 310.021;
- (4) "Nutritionist" means a health care professional practicing nutrition and certified pursuant to KRS 310.031;
- (5) "Nutrition care services" means:
  - (a) Assessing the nutrition needs of individuals and groups, and determining resources and constraints in the practice setting;
  - (b) Establishing priorities, goals, and objectives that meet nutrition needs that are consistent with available resources and constraints;
  - (c) Providing nutrition counseling in health and disease;
  - (d) Developing, implementing, managing, and evaluating nutrition care systems; and
  - (e) Developing, evaluating, altering, and maintaining appropriate standards of quality in food and nutrition care services;
- (6) "Nutrition assessment" means the evaluation of the nutrition needs of individuals and groups based upon appropriate biochemical, anthropometric, physical, and dietary data to determine nutrient needs. "Nutrition assessment" includes recommending appropriate nutrition intake, including enteral and parenteral nutrition;
- (7) "Nutrition counseling" means advising and assisting individuals or groups on appropriate nutrition intake as components of preventive, curative, and restorative health care by integrating information about the nutrition assessment with information on food and other sources of nutrients and meal preparation consistent with cultural background and socioeconomic status;
- (8) "Licensing agency" means the Kentucky Board of Licensure and Certification for Dietitians and Nutritionists;
- (9) "License," means a license issued by the board;
- (10) "Certificate" means a certificate issued by the board;
- (11) "Licensed dietitian" means a person licensed by the board and qualified pursuant to

the criteria as established in KRS 310.021;

- (12) "Certified nutritionist" means a person certified by the board and qualified pursuant to the criteria as established in KRS 310.031; and
- (13) "Commission on Dietetic Registration" means the commission established by the American Dietetic Association for review and registration for registered dietitians.

**Effective:** July 15, 1994

**History:** Created 1994 Ky. Acts ch. 319, sec. 1, effective July 15, 1994.